

DANCE SCHEDULE & DESCRIPTION

CREATIVE MOVEMENT: Ages 3-4. Students will learn the very basics of stretching traveling across the floor and be introduced to musicality. They will also be taught the very basics of ballet as far as vocabulary, working with their feet and making movements with their arms.

MONDAY 5pm or TUESDAY 6pm

Required Attire: Light pink tights, leotard, pink ballet shoes (full or split soles).

BEGINNER BALLET: Ages 5-12. Students will be introduced to the fundamentals of ballet. They will work on their musicality, the French vocabulary and terminology, stretching, and taught basic barre and center combinations.

MONDAY 6:30pm OR THURSDAY 5:30pm

Required Attire: Light Pink tights, leotard, Pink ballet shoes split soles.

INTERMEDIATE BALLET: Ages 5-12/. For students who already have a background and knowledge of ballet and want to better their technique. They will work on their strength, correct body positions and build upon basics.

MONDAY 5:30pm OR TUESDAY 6:30pm

Required Attire: Light pink tights, leotard, pink ballet shoes split soles.

JAZZ: Ages 5-12: Students will work on stretching, coordinating their isolations, turns and leaps that are taken from the basis of ballet. They will also work on across the floor movements and jazz footwork.

Beg: Tuesday 5:00PM INT: Thursday 6:30pm

Required Attire: Jazz crop or full length pants, leotard, black tie jazz shoes or boot shoes.

PRACTICE MAKES PERFECT on Houston Lake road next to Aunt Zelda's furniture has all of the required attire and shoes. Ask for the A+ Gymnastics list. They will be sure you have the correct items.